

# The Ultimate Packing Checklist

*Everything you need — and nothing you don't. Print this out and check off as you go!*

## ✈️ ■ Travel Documents

- Passport (valid 6+ months beyond travel dates)
- Visa(s) – check requirements for every country
- Printed & digital copies of all bookings
- Travel insurance policy & emergency contact card
- International driving permit (if renting a car)
- Vaccination / health certificates (if required)
- Emergency cash in local currency

## ■ Clothing

- Underwear & socks (1 per day + 2 extra)
- T-shirts / tops (versatile, mix & match)
- Bottoms – pants, shorts, skirts
- Dress outfit (dinner / special occasion)
- Swimwear
- Lightweight jacket or cardigan (layering)
- Rain jacket / waterproof layer
- Comfortable walking shoes
- Sandals or flip-flops
- Pajamas / sleepwear

## ■ Toiletries

- Toothbrush, toothpaste, floss
- Shampoo & conditioner (travel size)
- Body wash / soap
- Deodorant
- Sunscreen SPF 30+

- Moisturizer & lip balm
- Razor & shaving supplies
- Feminine hygiene products (if needed)
- Prescription medications + extra supply
- First-aid kit: band-aids, pain relief, antacids, anti-diarrhea
- Insect repellent

### ■ Tech & Gadgets

- Phone + charger
- Portable power bank (10,000 mAh+)
- Universal travel adapter
- Laptop / tablet + charger
- Earbuds / headphones
- Camera + memory cards + charger
- E-reader or books
- USB-C multi-port cable

### ■ Carry-On Essentials

- Travel pillow & eye mask
- Reusable water bottle
- Snacks for the journey
- Hand sanitizer & wipes
- Change of clothes (in case of lost luggage)
- Entertainment: downloaded movies, playlists, podcasts
- Pen (for customs/immigration forms)
- Small day bag / daypack

### ■ Destination-Specific

- Beach: sunhat, beach towel, snorkel gear
- Cold climate: thermals, gloves, beanie, thick socks
- Hiking: trekking poles, boots, moisture-wicking clothes

- City trip: comfortable walking shoes, city maps / apps
- Business trip: formal attire, business cards

■ **Pro Tip from Rags2Travel:** Roll your clothes instead of folding — saves up to 30% more space and reduces wrinkles. Always pack your heaviest items at the bottom of the bag, closest to your back.